



## AFFIDAVIT form

For 200, 450 and 1000 metre swims

### Swimmer details

Name and surname:

Email:

### Qualifying swim details

Swim date:

Swim location:

Swim result (mm:ss:ms):

Water temperature:

Air temperature:

I acknowledge that the International Winter Swimming Association (IWSA) strongly recommends all swimmers undertake an ECG examination (**optional** for 200 metre swims, **obligatory** for 450 and 1000 metre swims) and a medical check-up prior to participating in endurance swims. I understand that participation is entirely at my own risk and that the IWSA, event organizers, and affiliated partners bear no responsibility for any injury, loss, or health issues arising before, during, or after the swim.

I confirm that I have read, understood, and agree to comply with the [IWSA rules](https://iwsa.me) for the 200, 450 and 1000 metre swims.

Signature: \_\_\_\_\_



**International  
Winter  
Swimming  
Association**



**International Winter Swimming Association**

Kansainvälinen Talviuintiliitto r.y.  
reg.nro 3065308-8  
Kauppurienkatu 26 B 13, 90100  
Oulu, Finland

## Observer details

Name and surname:

Email:

Experience (i.e. coach, experienced winter swimmer, etc.):

Signature: \_\_\_\_\_

✉ [info@iwsa.me](mailto:info@iwsa.me)



<https://iwsa.me>